



Before the first lesson

A comfortable introduction for any new learning session. Share only what feels useful.

How I would like to begin

- ☐ Look and listen first
- ☐ Ask one question
- ☐ Show a drawing
- ☐ Not sure yet

Something I enjoy doing

Draw, write, or ask an adult to write your words.

A small thing that might help me feel comfortable



Parent preparation

For a parent or carer. Use the real joining details supplied for your confirmed lesson.

This sheet does not book a class or promise a teacher, platform or timetable. Confirm arrangements separately.

Before joining

Check the agreed time and joining details. Choose a shared family space and test the device.

A useful question

What should we prepare, and who should we contact if joining does not work?

Support the learner

Ask what would help: listening first, a short pause, or an adult nearby. Allow them to choose.

No full child name, school, address or contact details are needed on this private worksheet.



After trying the lesson

A short optional reflection. A first lesson is not a test of the learner or a promise of progress.

One thing I noticed or liked

A picture or a few words are enough.

Something I would like to ask next

For next time, I would choose

☐ The same approach

☐ One small change
