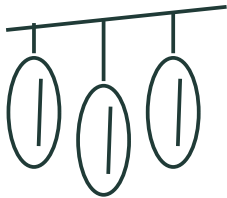


Quran food colour & match

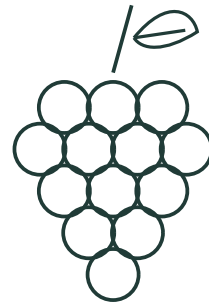
Explore five English food names and their verse references.

1 / MATCH THE NAMES, CHOOSE YOUR COLOURS

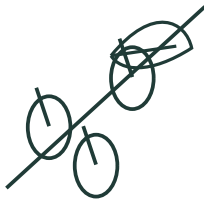
Write each food name under its drawing. The names are shuffled below; each is used once. These are colouring sketches, not a tasting task.



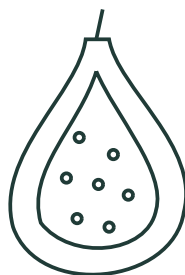
1



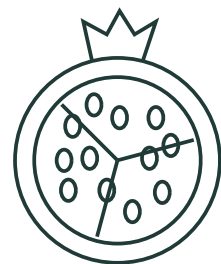
2



3



4



5

Fig / Olives / Pomegranate / Dates / Grapes

Quran food colour & match

Read the reference table with an adult; create a border of your own.

2 / NOTICE, READ AND DESIGN

English food name

Verse reference

Dates

Quran 19:25

Grapes

Quran 6:99

Olives

Quran 6:99 and 95:1

Fig

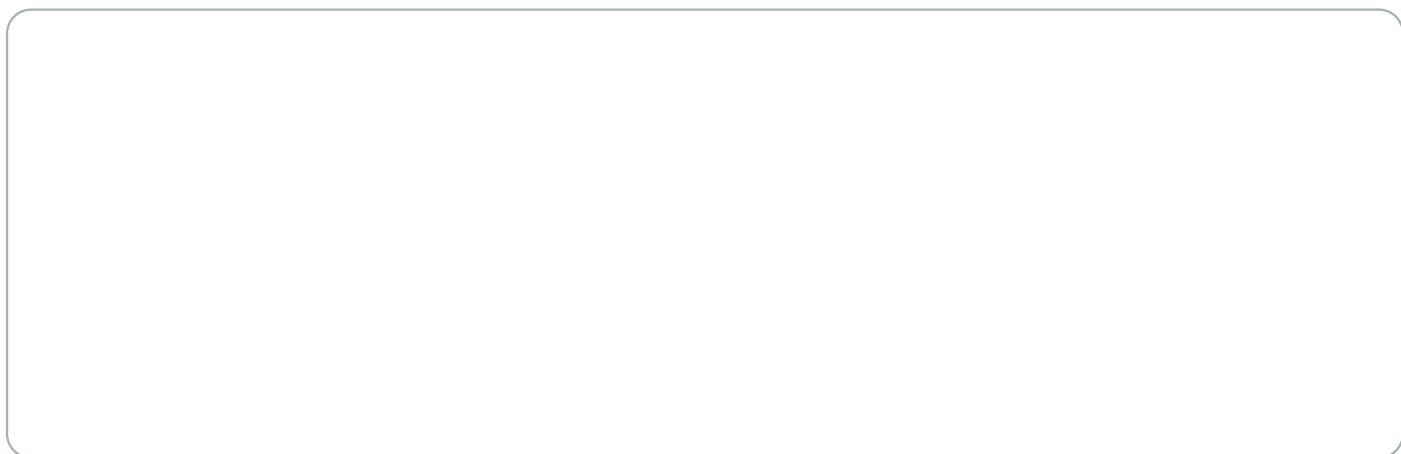
Quran 95:1

Pomegranate

Quran 6:99

These references name foods; this sheet does not interpret the verses or make health, diet, cure or ritual claims. No Arabic text or pronunciation lesson is included.

Design your own food-and-shape border



One shape or detail I noticed:

Quran food colour & match

Check the drawings, then explore the references without adding unsupported claims.

3 / PARENT KEY AND SOURCES

1. Dates

2. Grapes

3. Olives

4. Fig

5. Pomegranate

Drawing details

Dates: long fruits in a hanging cluster. Grapes: a round-fruit bunch. Olives: oval fruits beside narrow leaves. Fig: a cut fruit with a narrow top and small seeds. Pomegranate: a cut round fruit with a crown and separate seed areas.

English references, not interpretation

Quran 19:25 - date fruit reference

Quran 6:99 - grapes, olives and pomegranates

Quran 95:1 - fig and olive reference

Reference records checked 11 October 2026. Drawings and prompts are original. This activity is not tafsir, dietary advice or qualified teacher-reviewed instruction.

Completed sheets stay at home. No food tasting, photographs or child information are requested.